

ARE YOU ELIGIBLE FOR Lung Cancer Screening?

Are you:

1. Between the ages of 55 and 77?
2. Asymptomatic—no signs or symptoms of lung cancer?
3. A current smoker or a smoker that has quit within the past 15 years?
4. A tobacco smoker with a smoking history of **30 or more pack years?**

How to calculate your total pack years:

Number of years
you have smoked
x

Average number of
packs smoked per day

TOTAL PACK YEARS

Benefits of Lung Cancer Screening:

- **Early detection of lung cancer saves lives**
- **Covered by all insurances**

TALK TO YOUR DOCTOR TODAY!

*For more information, call
301-694-LUNG or visit
fmh.org/LungScreening*